



Name: _____

Date: _____

Quiz

1. True or false. Most of the time, after a mild head injury, people return to normal even if the injury caused a concussion.

2. Which of the following is **not** a common symptom of a concussion?

- a) Headache
- b) Feeling dizzy or sleepy
- c) Laughing
- d) Vomiting
- e) Forgetting what just happened

3. Name two ways to help prevent getting a concussion:

4. Which of the following is **not** good for your brain?

- a) Eating healthy foods
- b) Exercising regularly
- c) Staying away from alcohol, drugs, and tobacco
- d) Wearing a baseball cap under your bike helmet to keep the sun out of your eyes
- e) Giving your brain a workout by doing puzzles, playing music, reading, or creating art

5. Your brain has many different parts that work together. Name at least three major parts of the brain:

6. Fill in the blanks using the word bank:

The biggest part of the brain, making up 85% of the brain's weight, is the _____. The _____, like the thermostat that controls the heater and air conditioner in your house, knows what temperature your body should be. The _____ controls breathing air, digesting food, and circulating blood. The _____, located at the back of the brain, controls balance, movement, and coordination. The _____, which is about the size of a pea, releases hormones that make you grow.

WORD BANK

Brain stem
Cerebellum

Cerebrum
Hypothalamus

Pituitary gland